

# FIRE & LIFE SAFETY AT HOME

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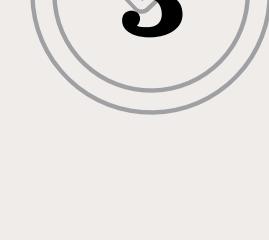
#### **FAMILY ESCAPE PLAN**

- Draw, discuss and practice a fire escape plan with everyone in your home.
- Know two ways out of each room and keep exits clear.
- Establish an outdoor family meeting place (e.g., mailbox, sidewalk, tree, neighbor's house).



#### **COOKING**

- Leading cause of home fires are from unattended cooking.
- Set a timer.
- Turn pot handles towards the back of the stove.
- Always stay in the room while cooking.
- For grease fires, cover with a lid or pan to remove oxygen.



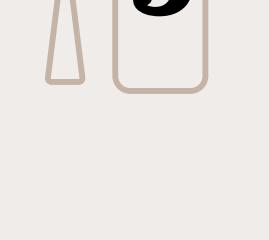
#### **SMOKE ALARMS**

- Test monthly, replace every 10 years.
- "BEEP, BEEP, BEEP" - get outside and stay outside!
- A high pitch singular "CHIRP" - change the batteries.
- Install on every level of your home and inside each sleeping area.



#### **HOME FIRES**

- Fire is fast; you have less than 2 minutes to get out.
- Never go back into a burning building.
- Get low and crawl to avoid inhaling toxic smoke.
- Close the door behind you to slow the fire's spread.



#### **FIRE EXTINGUISHERS**

- Used to extinguish small fires.
- How to use:
  - PASS: Pull. Aim. Squeeze. Sweep.
- Don't hesitate to call 911



#### **FIRE SPRINKLERS**

- Installed in buildings to suppress a fire until the fire department arrives when the temperature reaches 135-165 degrees.
- Reduces the risk of dying in a home fire by 82%.
- Water used from
  - Hose- 150 to 250 gallons per minute
  - Sprinkler- 26 to 60 gallons per minutes
- 85% of fires only use 1 sprinkler head



#### **CARBON MONOXIDE DETECTORS**

- Four continuous high pitch beeps, indicates the presence of carbon monoxide.
- CO is a colorless, odorless form of gas that can be produced by fuel burning appliances inside your home.
- Never keep a vehicle running while in the garage.
- Get outside, call 911 and your local gas company.
- Install one CO detector on each floor of your home.



#### **GENERAL REMINDERS**

- Store lighters and matches out of children's reach.
- Blow out lit candles before leaving the room.
- Keep flammable items away from hot things.
- Keep children 3 feet away from stoves, grills and fire places.
- Stop, drop & roll if clothes catch on fire.