



FALL
2025

PROGRAM GUIDE



STAFF DIRECTORY

PARKS AND RECREATION DEPARTMENT

Director	Jeff Biegler	(605) 394-4175
Parks Division Manager	Scott Anderson	(605) 394-4175
Recreation Division Manager	Doug Lowe	(605) 394-4175
Landscape Architect	Melissa Petersen	(605) 394-4175
Landscape Designer	Darin Sabers	(605) 394-4175
Parks & Recreation Specialist	Lindsey Myers	(605) 394-4175
Administrative Coordinator	Amy Graves	(605) 394-4175

AQUATICS DIVISION

Recreation Specialist	Teaghan Slagle	(605) 394-5223
Recreation Specialist	Suzanne Reeve	(605) 394-5223
Recreation Maintenance Chief	Cliff Zechiel	(605) 394-5223
Administrative Coordinator	Karen Johnson	(605) 394-5223

GOLF DIVISION

Recreation Specialist	Emily Carstensen	(605) 394-4191
Golf Course Superintendent	Arlin Fenhaus	(605) 394-4191

ICE ARENA

Recreation Specialist	Erin Holmes	(605) 394-4161
Administrative Assistant	Laura Fairhead	(605) 394-4161

PARKS DIVISION

Maintenance Supervisor	Doug Kroeger	(605) 394-4175
Forestry & Landscape Supervisor	Jason Preble	(605) 394-4175
Cemetery Supervisor	Craig Nichols	(605) 394-4189
Park Ranger Supervisor	Jerrell Lewellen	(605) 394-4175

RECREATION DIVISION

Recreation Specialist	Matt Brandhagen	(605) 415-0226
Recreation Specialist	Seth Johnson	(605) 390-5913
Recreation Specialist	Jeff Richardt	(605) 394-4175



515 West Boulevard, Rapid City, SD 57701
Telephone: (605) 394-4175
Website: www.rcgov.org
Email: parksandrecweb@rcgov.org

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Photo by Visit Rapid City

Parks and Recreation Department Information and Policies

- Staff at each recreation facility can assist with general questions about registration, programs and department policies.
- The Rapid City Parks and Recreation Department reserves the right to make adjustments to fees, schedules or programs as necessary.
- The Parks and Recreation Department is not allowed to give refunds unless a program is canceled by the City. If you have any questions about the refund policy, please contact the Parks and Recreation Office at (605) 394-4175.



FACEBOOK PAGE

The Rapid City Parks & Recreation Department Facebook page will have up-to-date information on program updates, cancellations, and events.

Mission Statement:

The mission of the Rapid City Parks and Recreation Department is to make Rapid City a better place to live, work and play.

Purpose:

To provide and maintain parks and open space throughout the community as well as a wide range of recreation facilities and opportunities for citizens of all ages.

Photos taken at classes and during programs may be used by Rapid City Parks & Recreation for promotional purposes.



We strive to produce the most accurate, up to date Program Guide possible. However, some program information may have changed since this guide was published.

PUMPKIN PLUNGE

Take a plunge with floating pumpkins!
Select your pumpkin for decorating.
All supplies included. Life jackets are required.

Children under the age of 6 must have
an adult in the water within arms reach.

Saturday, October 25, 2025

9:00-10:30 am | Ages 5-13

Roosevelt Swim Center | 125 Waterloo Street

Free Event | Space is Limited

Register at <https://rapidcity.activityreg.com>



For more information call Lindsey Myers at
(605) 394-4175 or lindsey.myers@rcgov.org

BIRTHDAY PARTIES

Birthday Party at Roosevelt Park Ice Arena

Bring your own party supplies, food, and get your own reserved table in the mezzanine area. Birthday parties are held on Fridays and Saturdays during public skate if no Badlands Sabres games are scheduled.

To reserve your ice-skating birthday party, call the Roosevelt Park Ice Arena at (605) 394-6161 at least 2-weeks before your desired date (space is limited).

Package includes:

Admission and skates for 8 people \$110.00.

Each additional skater is \$10.00

NO ALCOHOL IS TO BE SERVED AT BIRTHDAY PARTIES

Birthday Parties at Roosevelt Swim Center

Parties are scheduled during open swim. Pricing includes admission for 8 to swim, pop, and ice cream.

Children under the age of 6 must have an adult in the water within arms reach. Call (605) 394-5223 to reserve your time!

Package includes:

* \$115.00 - 2 1/2 hours for up to 8 children
\$12.00 for each additional child

* \$100.00 - 1 1/2 hours for up to 8 children
\$12.00 for each additional child

HOW TO REGISTER

Register online at <https://rapidcity.activityreg.com/ClientPage t2.wcs>. You will need your username and password. To recover a forgotten username and password, click the login button and click “forgot password”. If you are a new participant, go the website above and create an account. You may also register over the phone or at the Parks and Recreation Office located at 515 West Blvd.

CREATE AN ACCOUNT

1. Go to <https://rapidcity.activityreg.com/ClientPage t2.wcs>. On the right side of the top menu bar, select, “Login”
2. You will be directed to the a new screen titled **Login**. Create a username and password for your account. Enter all information for the main account holder first.
3. Click “Save and Continue” when completed.
4. Click “Add New Member” and enter information for the next person in your family until you have completed your family account.
5. To register for an activity, click on “Register” at the top of the page or select an activity above.
6. Your account setup is complete! You may manage your account at any time by selecting “Account” at the top of the home screen.

ONLINE REGISTRATION

1. Go to <https://rapidcity.activityreg.com/ClientPage t2.wcs>. Click on “Register” on the top menu bar. A drop-down menu will appear with categories for “Activities” and “Facilities”.
2. Select “Activities”. You will be directed to the activity page.
3. Select a department for list of activities offered.
4. Select the activity you would like to register. Click the “Paper Icon” under “Sign up”.
5. Select a family member to register for specific activity.
6. Fill out activity information.
7. Click “Add to Cart”.
8. Pay for activity!

GOLF





Make it Meadowbrook
Rapid City's Choice



Shop Credits
Expire 12/20

Upcoming Events:

- 8/1 Horse Race | 5:30 PM
- 8/3 & 8/4 Aerfying
- 8/23 & 8/24 Club Championship | AM Tee Times
- 8/29 Grand Derby | 5:30 PM
- 9/5 - 9/7 Host to SDGA Pre-Senior Two Man Championship
- 9/20 Ultimate 2 Person | AM Tee Times
- 9/20 Glowball Two Person Scramble | 7 PM ISH Shotgun
- 10/5-10/7 SDHSAA State Boys AA Championship
- For a complete list of events visit our "Upcoming Events" page on our website.

www.GolfatMeadowbrook.com

for more info  605.394.4191

RECREATION

10

RAPID CITY RECREATION YOUTH FLAG FOOTBALL LEAGUE

DIVISIONS

1st & 2nd Grade
Games Monday
nights starting
September 8, 2025

3rd & 4th Grade
Games Tuesday
nights starting
September 9, 2025

5th & 6th Grade
Games Thursday
nights starting
September 11, 2025

REGISTRATION FEE

\$70.00 includes a jersey

**Registration Fee will be waived if you are
willing to coach!!*

Mandatory meeting at Omaha Soccer Fields for all
players and coaches will be Tuesday, September 2, 2025
at 5:30 p.m. for all divisions. Schedules will be
handed out at the first meeting.

**Registration
Deadline**

August 27, 2025

Sign up online at <https://rapidcity.activityreg.com> or stop by
Parks & Recreation Admin Office: 515 West Blvd. (605)394-4175

For more information contact Matt Brandhagen:
(605) 415-0226 or matt.brandhagen@rcgov.org

ADULT FLAG FOOTBALL LEAGUE

DIVISIONS

WEDNESDAY

**MEN'S COMPETITIVE &
RECREATION**

THURSDAY

WOMEN'S

**GAMES START
WEEK OF SEPTEMBER 3, 2025**

**6 Week league followed by an
end of the season tournament**

**REGISTRATION FEE:
\$375.00**

**REGISTRATION DEADLINE
AUGUST 28, 2025**

**Sign up online at <https://rapidcity.activityreg.com> or stop by
Parks & Recreation Admin Office: 515 West Blvd. (605)394-4175**

**For more information contact Matt Brandhagen:
(605) 415-0226 or matt.brandhagen@rcgov.org**



BOCCE LEAGUE



MONDAY NIGHT AT 6:00 P.M.

DIVISIONS
RECREATIONAL & COMPETITIVE

SIX WEEK LEAGUE STARTING
SEPTEMBER 8, 2025

REGISTRATION DEADLINE
SEPTEMBER 3, 2025

COST: \$40.00 PER TEAM

Sign up online at <https://rapidcity.activityreg.com> or stop by these two locations:
Roosevelt Swim Center: 125 Waterloo Street (605)394-5223
Parks & Recreation Admin Office: 515 West Blvd. (605)394-4175

For more information contact Matt Brandhagen:
(605) 415-0226 or matt.brandhagen@rcgov.org

AQUATICS



Roosevelt Park Swim Center Hours

Call for Summer hours start dates
(Pools will close 15 minutes prior to the building)
Lanes are first come first serve

Swim Center Facility Hours

Monday - Friday	5:30 a.m. - 8:00 p.m.
Saturday	8:00 a.m. - 6:00 p.m.
Sunday	12:00 p.m. - 6:00 p.m.

Swim Center Pool Schedule

Open Swim

Monday - Thursday	3:00 p.m. - 5:00 p.m.
Friday	12:00 p.m. - 7:45 p.m.
Saturday	12:00 p.m. - 5:45 p.m.
Sunday	12:00 p.m. - 5:45 p.m.

Leisure Pool

Monday - Thursday 6:30 p.m. - 7:45 p.m.

Lap Swim

Monday - Friday	5:30 a.m. - 7:45 p.m.
Saturday	8:00 a.m. - 5:45 p.m.
Sunday	12:00 p.m. - 5:45 p.m.

Each of our pools is unique with a variety of amenities for all ages. Please visit our website for more information on attractions at each pool.

Building Closed

November 27, 2025
December 24, 2025 at 4:00 p.m.
December 25, 2025
December 31, 2025 at 4:00 p.m.
January 1, 2026

SORRY, WE ARE
CloseD



For most up to date information, closures and cancellations, please check out our Facebook page Rapid City Aquatics.

125 Waterloo Street
(605) 394-5223

Like our [Facebook Page](#)
Rapid City Aquatics



Aquatics Facility Admission 2025 Rates

20 Punch Pass

Adult/Youth	\$95.00
Senior (62+)	\$74.00
Family (4 passes)	\$236.00
Additional Family Members	\$42.00

Quarterly Pass*

Adult	\$115.00
Adult Couple *	\$174.00
Senior (62+)	\$78.00
Senior Couple *	\$123.00
Youth (Ages 3-17)	\$91.00
Young Adult (Ages 18-25)	\$97.00
Family Pass (4 passes)	\$252.00
Additional Family Member	\$42.00

Daily Pass

Adult/Youth	\$8.00
Senior (62+)	\$7.00

Yearly Pass *

Adult	\$420.00
Adult Couple *	\$630.00
Senior (62+)	\$294.00
Senior Couple *	\$441.00
Youth (Ages 3-17)	\$315.00
Young Adult (Ages 18-25)	\$350.00
Family Pass (4 passes)	\$761.00
Additional Family Member	\$78.00

** Couple - Defined as both customers married or producing information showing the same mailing address.*

** All patrons must pay to enter the facility*

Aquatics Division Policies & Information

Supervision

All Children ages 9 and under must be accompanied by someone 15 years of age or older at the facility. Children ages 6 and under are required to be within arms reach and supervised by someone 15 years of age or older in the water. Please refer to General Pool Safety Rules if you have any questions.

Individual Supervision Ratios

- 18 years of age and older: 8 children to 1 adult
- 17 to 15 years of age: 4 children to 1 teen
- See aquatics staff for groups larger than 10.

Swim Pants

Swim pants required for children who are not toilet trained.

Inclement Weather

Facility Closures due to weather will be broadcast as soon as possible. Please call ahead before traveling in inclement weather. Please check Rapid City Aquatics Facebook page, or call pool of preference.

Group Rate

Group rate is available for groups of 30 or more and must have 2 week advance notice. Call the Roosevelt Swim Center to schedule your group.

Rapid City Aquatics Policy Manual

<https://www.rcgov.org/departments/parks-recreation/aquatics.html>

SWIM LESSONS

6 Week Lessons

Online registration: Register on-line Saturday, September 6, 2025 at 9:00 a.m. rapidcity.activityreg.com

Saturday registration: Saturday, August 23, 2025 at 9:00 a.m.

Weekday Registration: Saturday, September 6, 2025 at 9:00 a.m.

2 Week Lessons

Online registration: Register on-line Saturday, November 15, 2025 at 9:00 a.m. rapidcity.activityreg.com

Wait-list Procedures

Swim Center staff will notify waitlist sign-ups if your child is able to be placed in a class. Waitlists are not guaranteed placement into swim lessons. Wait-list will cease once wait-list capacity is reached.

Note: it is important for swimmers to be in the correct level; Please don't guess. If your swimmer is new to swimming, or you can't remember what level they should be in, send a quick e-mail to teaghan.slagle@rcgov.org or Suzanne.reeve@rcgov.org and we can look to make sure the appropriate registration is made.

Incorrect registration does not guarantee placement into another class of correct skill level & time of your choice; your swimmer maybe removed from the program.

**Mark your
Calendars for
Fall Swim
Lessons!**

SWIMSPHERE SWIM LESSONS PROGRAM

Welcome to our improved Swim Lesson experience called Rapid SwimSphere. This program is not much different than what you are used to. SwimSphere is designed to make learning to swim fun, safe, and accessible for all ages and skill levels; Whether you're a beginner taking your first splash or an experienced swimmer looking to refine your strokes; Dive into SwimSphere, where every splash is a step toward becoming a confident, skilled swimmer!

This new program is offering more streamlined skills from level to level, making it easier to register your child. While we have made improvements to our swim program, it should not interfere with current swim level placement. Please register your child for the level they were told to enroll in next, or the current level they are in if they have not passed.

Major changes to our improved program include:

- * Additional Preschool level (Preschool 4) to challenge budding swimmers ages 4-5
- * Removal of level 6 in exchange for our new Tidal Wave (Pre-Swim Team) Program
- * Combination of skills making it easier to track skill progress and completion
- * Bracelet system for easier Instructor: Student : Parent communication
 - * Bracelets will be punched for mastery of skill, once all are punched that level is complete. Bracelet will be included in price of swim lesson session.

Preschool 1:

Preschool 2:

Preschool 3:

Preschool 4:

**Preschool 1-4 is for
Ages 3-5 years**

Level 1:

Level 2:

Level 3:

Level 4:

Level 5:

**Levels 1-5 is for
Ages 6 and up**

SWIM LESSONS

Swim Lesson Schedule

October 6 - November 13, 2025

6-Week Session

Monday or Wednesday - \$60.00

Tuesday / Thursday - \$70.00

Monday

Tuesday & Thursday

Wednesday

Saturday

5:10 p.m. - 5:40 p.m.

Preschool 1

Preschool 4

Level 1

Level 2

Level 3

Level 4

5:45 p.m. - 6:15 p.m.

Preschool 2

Preschool 3

Level 2

Level 2 Advanced

Level 4

Level 5

5:10 p.m. - 5:40 p.m.

Preschool 1

Preschool 3

Level 1

Level 2

Level 3

Level 4

5:45 p.m. - 6:15 p.m.

Preschool 2

Preschool 4

Level 2

Level 2 Advanced

Level 3

Level 5

5:10 p.m. - 5:40 p.m.

Parent Child Class

Preschool 2

Preschool 3

Level 2

Level 3

Level 5

5:45 p.m. - 6:15 p.m.

Preschool 1

Preschool 4

Level 1

Level 2

Level 3

Saturday ONLY - \$60.00

September 13 - October 18, 2025

9:00 a.m. - 9:30 a.m.

Parent Child Beginner

9:35 a.m. - 10:05 a.m.

Parent Child Intermediate

Preschool 2

Preschool 4

10:10 a.m. - 10:40 a.m.

Parent Child Advanced

Preschool 1

Preschool 4

Level 1

Level 2

Level 4

10:45 a.m. - 11:15 a.m.

Parent Child All Levels

Preschool 1

Preschool 3

Level 2

Level 3

Level 5

11:20 a.m. - 11:50 a.m.

Parent Assisted Preschool

Preschool 2

Preschool 4

Level 1

Level 2 Advanced

Level 3

Level 4

October 7 - November 14, 2025

6 Week Daytime Session

Wednesday & Friday - \$60.00

Tuesday & Thursday - \$70.00

Roosevelt Swim Center

Tuesdays - Fridays

Wednesday

12:30 - 1:00 p.m.

Preschool 1

Preschool 2

Preschool 3

Preschool 4

1:05 - 1:35 p.m.

Level 1

Level 2

Level 3

Level 4

Friday

8:50 - 9:20 a.m.

Parent Child All Levels

9:25 - 9:55 a.m.

Preschool 1

Preschool 2

Preschool 3

Preschool 4

Tuesday & Thursday

12:30 - 1:00 p.m.

Preschool 1

Preschool 2

Preschool 3

Preschool 5

1:05 - 1:35 p.m.

Level 1

Level 2

Level 3

Level 5

December 1 - 11, 2025

2 Week Session - \$65.00

Roosevelt Swim Center

Monday - Thursday

5:10 p.m. - 5:40 p.m.

Preschool 1

Preschool 4

Level 1

Level 2

Level 3

Level 4

5:45 p.m. - 6:15 p.m.

Preschool 2

Preschool 3

Level 2

Level 2 Advanced

Level 4

Level 5

ROOSEVELT SWIM CENTER

125 WATERLOO STREET



\$75

JOIN THE

TIDAL WAVE

PRE-SWIM TEAM PROGRAM

Do you want to help your swimmer prepare to join the Rushmore Tsunami Swim Team? This program will help swimmers develop the skills and endurance necessary to begin competitive swimming.

Session dates: September 9 - 25, 2025
Tuesday and Thursday evenings at 5:00 - 5:45 p.m.
must be able to swim 25-yards one length unassisted

**ONLINE
REGISTRATION**



rapidcity.activityreg.com

Opens Saturday, May 3, 2025 at 9:00 a.m.

Call the Roosevelt Swim Center and ask for
Teaghan or Suzanne for more information



605-394-5223

ADULT SWIM LESSONS

DAY & EVENING LESSONS
SEPTEMBER 8 - SEPTEMBER 24, 2025
3-WEEK SESSION
MONDAYS & WEDNESDAYS \$60.00

11:00 - 11:30 A.M. or 5:10 - 5:40 P.M. BEGINNER
11:30 A.M. - 12:05 P.M. or 5:45 - 6:15 P.M. INTERMEDIATE

DAY LESSONS
NOVEMBER 1 - DECEMBER 6, 2025
6-WEEK SESSION
SATURDAYS \$60.00

10:30 - 11:00 A.M. BEGINNER
11:05 A.M. - 11:35 P.M. INTERMEDIATE

DAY LESSONS
NOVEMBER 17 - DECEMBER 3, 2025
3-WEEK SESSION
MONDAYS & WEDNESDAYS \$60.00

11:00 - 11:30 A.M. BEGINNER
11:35 A.M. - 12:05 P.M. INTERMEDIATE

ROOSEVELT SWIM CENTER
125 WATERLOO STREET

WATER POLO



SATURDAY MORNINGS

8:30 - 10:00 A.M.

ROOSEVELT SWIM CENTER

205-YARD POOL

**COME PLAY WATER POLO AT THE ROOSEVELT SWIM
CENTER. ALL ABILITIES ARE WELCOME. BASIC
SWIMMING SKILLS ARE REQUIRED**

WWW.RAPIDCITYACTIVITYREG.COM

PHONE NUMBER: (605) 394-5223

BUBBLE NIGHT

3rd Saturday of Each month

Get your bubble fix and keep diving talents current! Certified divers must submit dive certification IDs to the front desk staff. Please clean your gear before entering the pool.

Black Hills Aquatic Adventures will provide rentals.

\$10

PER PERSON

**3:00 - 5:30 p.m. at
Roosevelt Swim Center**

For additional information,
please contact Black Hills
Aquatic Adventures at
(605) 791-1262.



SCHOOLS OUT OPEN SWIM

OCTOBER 13, 2025

NOVEMBER 24-28, 2025

DECEMBER 22, 2025 - JANUARY 2, 2026

JANUARY 20-21, 2026

Open swim starts at Noon

Leisure Pool

Limited Lap Pool & diving Board Use

Roosevelt Swim Center

(605) 394-5223



LIFEGUARD TRAINING

Rapid City Aquatics is a licensed training provider (LTP) for the American Red Cross. We offer various Health and Safety Courses at the Swim Center. Blended Learning participants complete online studies then participate in an in-person skills session to complete their certification. This greatly reduces the time a participant spends in the classroom while being able to review material at their own pace and after the course for review material at any time.

Lifeguard Training

American Red Cross lifeguard participants must be at least 15 years old by the last day of class and must pass a pre-course swimming skills test. Courses are available in person or via our blended Simulation Learning experience, combining online coursework with in-person skills sessions. Water-park & CPR for the Professional Rescuer are included. We also offer Waterfront Lifeguarding. In addition to full courses, abbreviated recertification courses are available for those with current lifeguard certifications.

Blended Classes Offered

October 8 - 12, 2025 later dates TBD

Please contact Teaghan Slagle at

(605) 394-5223 or email teaghan.slagle@rcgov.org to get signed up!

Lifeguard Instructor Course

Health and Safety instructors are an elite group of professionals who teach valuable lifesaving skills to an average of more than 9 million people each year in businesses, schools, and communities. Using the latest proven science and a blended approach to teaching, including lecture and hands-on skills sessions. We offer the following instructor courses:

- Lifeguard Instructor
- CPR Instructor

Please contact Suzanne Reeve at

(605) 394-5223 or email

suzanne.reeve@rcgov.org to get signed up!



AMERICAN RED CROSS

CPR classes are offered monthly using the Red Cross Blended Learning. Earn your certification using a combination of self-paced, interactive online learning wherever you have internet access - \$90.00 per person.

* Classes are offered monthly, with skills sessions scheduled on the 2nd Tuesday of every month at 1:00 p.m. Convenience schedules are offered for \$35.00 per person. Call today, and we can schedule a time that works for you (minimum of 2 participants).

Adult/Child/Pediatric CPR/First Aid/AED – Lay Rescuer

We offer a combination of these courses specific to your needs. Please call to determine the best fit for you.

Basic Life Support

They are designed to train healthcare professionals and public safety personnel to recognize and respond to medical emergencies in various healthcare settings.

Skill Boosts with Additional Fee \$15.00

Optional Skill Boost modules are available and can be added to any course or lesson plan or taught at a later date. However, participants must be certified in First Aid and/or CPR or enrolled in an equivalent Red Cross course.

Skill Boost

Asthma and Quick-Relief Medication Administration
Anaphylaxis and Epinephrine Auto-Injector
Opioid Overdose Training - Nasal Spray or Atomizer
Life-Threatening Bleeding - Tourniquet
Head, Neck, Muscle, Bone, Joint Injuries - Splinting

Babysitter Training

This course will prepare you to become one of your neighborhood's most capable, trusted and in-demand sitters. 8 in 10 surveyed parents said they would pay more for a trained babysitter with Red Cross babysitting certifications. You will be certified in First Aid and Pediatric CPR/AED adding value to your clients. Class designed for ages 11-15.

Fee: \$125.00

Date: October 13 or November 24, 2025

Time: 9:00 a.m. - 4:00 p.m.

Location: Roosevelt Swim Center

Registration: rapidcity.activityreg.com



**American
Red Cross**

WATER EXERCISE

Water Exercise Class Descriptions

Classes are subject to change at any time. Outside training or non-facility-led group exercise classes are not permitted. Exercise participants must be 13 years of age. City Programming takes priority in areas which they occupy. See the link for the latest class schedule times: rapidcity.activityreg.com.

Aqua Risers

Class begins at the splash of dawn! Utilizing shallow and deep water for a guaranteed challenge, traveling through the water to maximize your stamina and build strength. Class meets in the Lap pool lanes 6 - 8.

Power Waves

This creative class is fun to follow and keeps you warm. Crank up the intensity without overloading your mental circuits. Lap pool lanes 6-8.

Water Pilates

Mindfully exploring the body mechanics of movement and posture. Drills are designed for strength-building, endurance, balance and flexibility. Focus on developing improved awareness of everyday movement, advancing athletic performance and sharing the discoveries of the amazing human creation. Laughter and refreshments are natural by-products of participation. Leisure pool splash down.

Master Swim

Adults (17 & over) class for fitness swimmers, tri-athletes, & competitive or previously competitive swimmers. Class emphasizes improving stroke technique and swimming endurance while having fun in a group setting. Workouts for different levels/speeds are offered. 25-yard indoor pool, lap lanes 1-4.

Aquacise Dual Depth

A dual-depth class utilizing the properties of water for a total-body workout without the strain on muscles and joints associated with higher impact activities. This class will take you through a variety of routines to enhance cardiovascular fitness & tone/strengthen muscles. Enjoy energetic aerobic routines, supportive equipment is utilized in deep water. Lap pool lanes 5-8

MULTIPURPOSE ROOM LAND EXERCISE

Intermittent Rental may be scheduled and not listed. For more information about rentals, contact Teaghan Slagle by email at teaghan.slagle@rcgov.org. Classes are subject to change at any time. Outside training is NOT permitted. Exercise participants must be 13 years of age. See the link for the latest class schedule times: rapidcity.activityreg.com

Pilates

Improve your posture, strengthen your back and abdominal muscles, increase flexibility, and tone your muscles. This class uses light weights, balls, or resistance bands and is designed for all levels.

Zumba & Tone

Add some fun steps and tone with a little Zumba then add some weights for a whole-body toning experience.

TBC (Total Body Conditioning)

Designed to work major muscle groups while targeting smaller muscle groups at the same time. A variety of toning and sculpting techniques, such as bands, free weights, stability balls, bars, step boards, etc., will be used.

Cardio Strong

An exciting range of strengthening, balance, and core exercises that will help to improve cardiovascular health. These workout your body through its paces; testing your core and challenging your cardiovascular fitness. Suitable for all levels of fitness.

Vinyasa Flow Yoga

Enjoy flowing sun salutations in this class, connecting our breath to our movements as we change poses in a flowing sequence. This class is perfect for all levels.

Chair / Mat Yoga

This class can be performed on the mat or with variations and modifications of poses using a chair for support.

Core Power

Strength exercises include upper and lower body with special attention on the core muscles to improve strength and flexibility.

Chair, Core & More

Improve your balance, stability, and strength while you increase your endurance with different forms of modified chair exercises, including yoga, core & mobility. "Live Better".

Silver Sneakers Classic

Move through a variety of exercises designed to increase muscular strength, range of movement, and activities for daily living.

Yoga Flow

Start your day off right with a flowing yoga class. Perfect for all levels.

ICE ARENA





2025 PRICE LIST

Roosevelt Park Ice Arena

Skating and Rentals

General Admission	\$8
Senior Admission (62+) . . .	\$7
Skate Rental	\$6
Group Rate	\$7

Group rates apply to groups of 30 or more and includes the price of skates. Must call at least 2 weeks ahead to schedule.

10 Punch Pass (Admission Only)	\$72
Season Pass (Admission Only)	
Individual	\$174
Family (4 people)	\$409
Additional family members	\$59



Hockey Programs

Adult Hockey Drop-In (18 and up)	\$10
Youth Hockey Drop-In (17 and Younger) . . .	\$8
Adult Stick and Puck (18 and up)	\$8
Hockey Mentor	\$8

All equipment is required for Hockey Drop-In. Adult Stick and Puck requires helmets and elbow pads; shin guards are recommended.

Skate Sharpening

Next Day	\$8
Same Day	\$10



Figure Skating Programs



Learn to Skate Practice	\$8
10 Punch Card (good for any \$8 program). . . .	\$72
Freestyle Drop-In (Basic 4 and up)	\$9

For More Information

Other programs, including Adult Hockey League and Learn to Skate are available. We also have a Pro Shop with laces, wax, stick tape, sock tape, skate guards, and socks as well as other items available. For more information on programs, merchandise, and up-to-date schedules, please visit our Facebook page. For additional rental options, please call **605.394.6161**.

Autumn 2025

Public Skate Schedule

Schedule is subject to change. Please check our Facebook page or call 605.394.6161 for the most up-to-date information.

Mondays, Tuesdays,
and Thursdays
1:30–3:30 p.m.



Fridays
1:30–3:30 p.m.
7:15–9:15 p.m.*
*If there is no Bandlands Sabres
hockey game scheduled.

Saturdays
1:30–3:15 p.m.
7:15–9:15 p.m.*
*If there is no Bandlands Sabres
hockey game scheduled.



ROOSEVELT PARK
ICE ARENA



Scan the QR code
for our monthly
calendar

ROOSEVELT PARK ICE ARENA

235 WATERLOO ST.
RAPID CITY, SD 57701
605.394.6161

THAT

70s

SKATE NIGHT



**DRESS UP IN
70s ATTIRE AND
SKATE TO GROOVY
70s MUSIC**

FRIDAY | SEPTEMBER 19 | 7:15 - 9:15 PM

ROOSEVELT PARK ICE ARENA

235 Waterloo St., Rapid City, SD 57701
605.394.6161

SPOOKY SKATE



NOVEMBER 1, 2025
1:30-3:30 P.M.

JOIN US FOR A HALLOWEEN ICE SKATING PARTY WITH
A HALLOWEEN COSTUME CONTEST, GAMES, CANDY,
SPOOKY MUSIC, AND LOTS OF FUN.



Ice Skating Lessons



Roosevelt Park Ice Arena is proud to offer high quality skating programs through Learn to Skate USA. The programs provide:

- A goal-oriented program that provides incentives and encouragement to keep skaters motivated.
- A personalized approach that allows skaters to progress at their own rate and advance after skill mastery is demonstrated.
- A curriculum that offers something for everyone—from first steps on the ice to mastering advanced techniques.
- Solid skill development based upon the ABCs of basic athleticism—agility, balance, coordination, and speed.
- A progressive system that, upon completing the program, allows skaters to advance to more specialized skating areas confidently.
- Access to continued education and resources for parents of young skaters to assist with making the appropriate decisions along the way.
- Nationally certified Learn to Skate USA instructors, assistants, and volunteers.

Class descriptions are provided below. If you are just starting with formal lessons, start with Basic 1. Instructors will evaluate students on the first night and adjust if required. Adjustments may impact the student's class time and price. Session dates and prices are located on the next page.

Snowplow Sam 1-4 invites children ages 5-6 to learn the joys of ice skating in a safe, introductory setting. Young skaters will learn how to fall and get back up, march across the ice, and gliding maneuvers. The 30-minute classes help develop coordination and strength to move across the ice. Bike helmets and gloves are recommended.



There are six basic skill levels that help students master the fundamentals of the sport. Students must be 6 years old to participate. **Basic 1, 2, and 3** are designed for learning balance, stroking, and edge control. **Basic 4 and 5** focus on forward/backward crossovers and three turns. **Basic 6** teaches more advanced turns and edges. Students will progress through these levels at different rates, and some levels may require repetition and extra practice time during Learn to Skate Drop-In sessions to fully master the necessary skills. Bike helmets and gloves are recommended. Levels may be combined based on enrollment.

The **U.S. Figure Skating Aspire program** is the bridge between learning to skate group classes and membership in the U.S. Figure Skating program. Through the development of athleticism and artistry, skaters build a solid skill foundation that drives success on and off the ice. Aspire offers skaters an affordable, comprehensive package program in a safe and supportive group training environment. Skaters will learn proper skill development and training techniques while sampling different skating opportunities and fine-tuning their fundamental skating skills.



Hockey 1-4 are designed to teach the skater basic skills specifically geared to future hockey players. Proper beginning skating techniques are the primary focus. These classes are open to those age 17 and under. While full personal protective gear is not required, HECCA-approved hockey helmets, hockey sticks, and gloves are necessary. Power skate is now offered after completion of Hockey 4.

Ice Skating Lessons



The 2025 Monday Sessions 1 and 2 are 6-week sessions with the following dates:

Session 1: September 8, 15, 22, 29; October 6 and 13

Session 2: October 20, 27; November 3, 10, 17; December 1

There are no classes November 24-30.

Snowplow Sam 1-4
Mondays, 6-6:30 p.m.

\$65

Basic 1

Mondays, 6-6:30 p.m.
or 6:30-7

\$65

Basic 2-3

Mondays, 6:30-7 p.m.

Basic 4-6

Mondays, 7-7:45 p.m.

\$75

Each student enrolled in a Learn to Skate USA session will receive one (1) free pass per class for admission into Public Skate or Learn to Skate USA Practice during the enrolled session. This pass allows the student time to practice their skills. The pass can ONLY be used for the registered student and expires at the end of the session. If parents, siblings, or friends accompany the student, they must pay regular skate admission.

The 2025 Saturday Sessions 1 and 2 are 6-week sessions with the following dates:

Session 1: September 13, 20, 27; October 6, 11, and 18

Session 2: October 25; November 1, 8, 15, 22; December 6

There are no classes November 24-30.

Adults

Saturdays, 8-9 a.m.

\$98

Hockey 1-4

Saturdays, 10:30-11:15 a.m.

\$75

NEW

The 2025 Saturday Session 2 will also include a class for kids 3-5 years old with a parent.

Child With Parent Class

Saturdays, 9:45-10:15 a.m.

\$65

Aspire

Aspire 1-4 is for those students who have passed Learn to Skate Basic 6 and want to continue learning technical skills. Aspire is a springboard to competitions and a segue way to join Club Skating. The monthly fee includes on- and off-ice training.

Off-Ice Training

Tuesdays, 5-5:45 p.m.

On-Ice Training

Tuesdays, 6:15-7 p.m.

\$85
per month

The requirements to join Aspire include:

- Passed Basic 6
- Payment of the \$45 annual membership fee for the US Figure Skating Aspire program
- Printed payment confirmation provided when registering for the monthly Aspire class. Enrollment is not possible without payment confirmation

Figure Skating Drop Ins



Learn to Skate USA Practice

\$8 per time; 10 Punch Card \$72

Thursdays 3:45-4:45 p.m.

Learn to Skate USA Practice is time for our Learn to Skate USA students to practice their developing skills in a stress-free environment. Family and friends of the student may also attend.

Freestyle Drop In

\$9 per time; 10 Punch Card \$80

Sundays 12:15-1:15 p.m.

Tuesdays 3:45-5 p.m.

Saturdays 12:30-1:15 p.m.

Freestyle Drop In is time for advanced skaters to practice. Skaters must have a current US Figure Skating Association (USFSA) or Ice Sports Industry (ISI) membership or club affiliation. No family or friends may attend.



LTS_{USA}

Winter
Recital

December 20, 2025
12 - 2 p.m.

Stay tuned for more information



HOCKEY PROGRAMS

Adult Drop-In

\$10 per time

Ages
18
and up

Sundays 10:30 a.m.-12 p.m.
Tuesdays and Thursdays 11:45 a.m.-1:15 p.m.
Fridays 9:45-11 p.m.
(if there is no Sabres game)

All equipment is required.

Youth Drop-In

\$8 per time

Ages
17
and
younger

Wednesdays 3:45-4:45 p.m.
Fridays 3:45-4:45 p.m.

All equipment is required.

Adult Stick & Puck

\$8 per time

Ages
18
and up

Sundays 10:15-11:15 a.m.
Tuesdays & Thursdays 10:15-11:15 a.m.

**Helmet and elbow pads are required.
Shin guards are recommended. No
scrimmaging allowed.**

Hockey Mentor

\$8 per time

Mondays 3:45-4:30 p.m.
Fridays 6:15-7:15 a.m.

Mentees must be under 18 with a mentor who is 18 or older. Mentors can have no more than three mentees and mentees can have only one mentor at any time.

All equipment is required.





ADULT HOCKEY LEAGUE

The Hills Adult Hockey League (HAHL) is entering its first fall season as the new adult hockey league established in Rapid City, South Dakota. The HAHL provides a structured, safe, and competitive environment to promote the enjoyment and integrity of the sport of hockey. The HAHL is managed by a board of directors and offers four levels of hockey, from beginners to a player looking to play more competitively. There are currently two sessions that run through a calendar year, with a fall session starting in September, and a winter session starting in January. Deadline for team registration for the fall session is August 1, 2025. Visit our website at <https://hillsadulthockeyleague.teamsnapsites.com/> for more information.

TO VIEW OUR
CURRENT CALENDAR

**SCAN
HERE**

SCAN THE CODE FOR A DIGITAL COPY
OF THE UPDATED MONTHLY SCHEDULE.



PAPER COPIES ARE AVAILABLE
AT THE FRONT DESK.



Roosevelt Park
Ice Arena

235 WATERLOO ST.
RAPID CITY, SD

605.394.6161



OPEN DAILY
AT 10 AM

BADLANDS SABRES

2025 - 2026 Home Game Schedule

All home games will be played at the Roosevelt Park Ice Arena

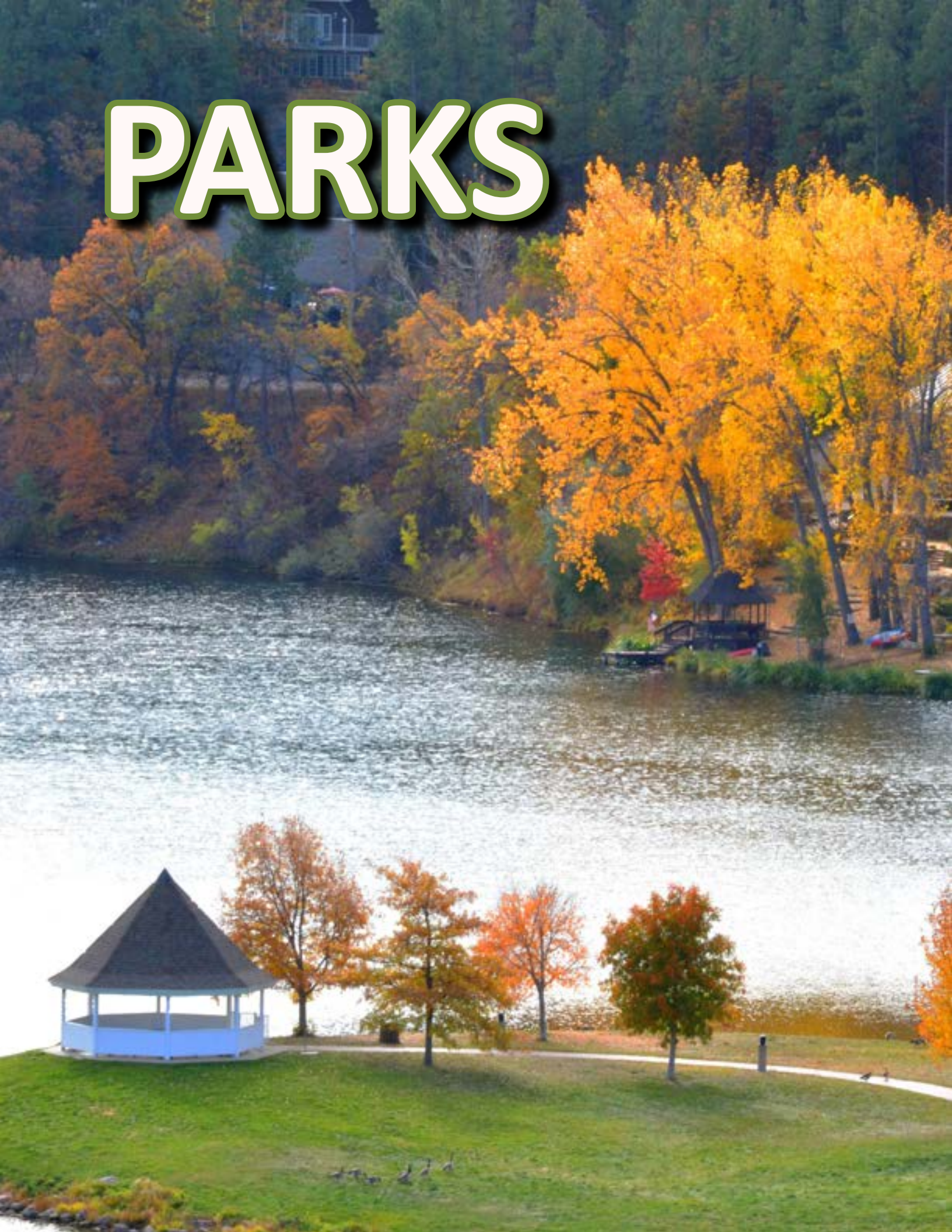
Friday, September 5	7:05 p.m.	Sheridan Hawks @ Badlands Sabres
Saturday, September 6	7:05 p.m.	Sheridan Hawks @ Badlands Sabres
Saturday, September 20	7:05 p.m.	Gillette Wild @ Badlands Sabres
Friday, October 3	7:05 p.m.	Helena Bighorns @ Badlands Sabres
Saturday, October 4	7:05 p.m.	Bozeman Icedogs @ Badlands Sabres
Friday, October 17	7:05 p.m.	Great Falls Americans @ Badlands Sabres
Saturday, October 18	7:05 p.m.	Bozeman Icedogs @ Badlands Sabres
Friday, October 31	7:05 p.m.	Butte Irish @ Badlands Sabres
Saturday, November 1	7:05 p.m.	Butte Irish @ Badlands Sabres
Friday, November 28	7:05 p.m.	Yellowstone Quake @ Badlands Sabres
Saturday, November 29	7:05 p.m.	Yellowstone Quake @ Badlands Sabres
Friday, December 5	7:05 p.m.	Sheridan Hawks @ Badlands Sabres
Friday, January 2	7:05 p.m.	Gillette Wild @ Badlands Sabres
Friday, January 16	7:05 p.m.	Great Falls Americans @ Badlands Sabres
Saturday, January 17	7:05 p.m.	Great Falls Americans @ Badlands Sabres
Friday, January 30	7:05 p.m.	Bozeman Icedogs @ Badlands Sabres
Saturday, January 31	7:05 p.m.	Butte Irish @ Badlands Sabres
Friday, February 6	7:05 p.m.	Yellowstone Quake @ Badlands Sabres
Saturday, February 7	7:05 p.m.	Gillette Wild @ Badlands Sabres
Friday, February 27	7:05 p.m.	Helena Bighorns @ Badlands Sabres
Saturday, February 28	7:05 p.m.	Helena Bighorns @ Badlands Sabres
Friday, March 6	7:05 p.m.	Gillette Wild @ Badlands Sabres

Season passes will be available Monday, August 4, 2025 and can be purchased at Roosevelt Park Ice Arena.

Tickets are available online at rapidcity.activityreg.com. For additional information please contact Roosevelt Park Ice Arena at (605) 394-6161.

** Season Pass Holders must stop by the Roosevelt Park Ice Arena to sign-up.*

PARKS



OFF LEASH DOG PARKS

Braeburn Park
3350 Idlehurst Lane / West Hwy. 44

Knollwood Drainage Area
End of Racine Street

Memorial Park East
Between East Blvd. & 5th Street

Robbinsdale Park (Posted Area)
631 E. Oakland Street

Vickie Powers Park (Posted Area)
940 Kathryn Avenue

Wilderness Park (Posted Area)
514 City Springs Road



PARK SHELTERS

The City of Rapid City has multiple park facilities available for reservations May through September. Reservations can be made one year in advance!

Cancellations are available 30 days prior to the date of reservation. There is a \$10.00 cancellation fee. There are no refunds available for inclement weather.

Call Rapid City Parks & Recreation Office at (605) 394-4175 to make your shelter reservation today!

Park Regulations

1. No alcoholic beverages
2. Park hours: 5:00 AM - 10:00 PM
3. Animals are to be leashed, except at posted "off-leash areas" in the following parks:
 - Braeburn Dog Park
 - Knollwood Drainage Area
 - Memorial Park East
 - Robbinsdale Park
 - Vickie Powers Park
 - Wilderness Park
4. Electrical outlets are for food preparation only
5. No parking on the grass

Online Parks Map

If you're looking for a park to visit, let our online map help you. This interactive map gives information about each municipal park and what amenities they have. Go to our webpage at rcgov.org, find the Parks & Rec Department, and the dark red box on the right has a link to "Pennington County Outdoors."

This map also shows county recreation spots like National Forest hiking and biking trails, National Parks, campgrounds, and wilderness areas. Use the search bar to find new outdoor opportunities around Rapid City, in the hills, or out on the Pennington plains!

Shelter Fees:

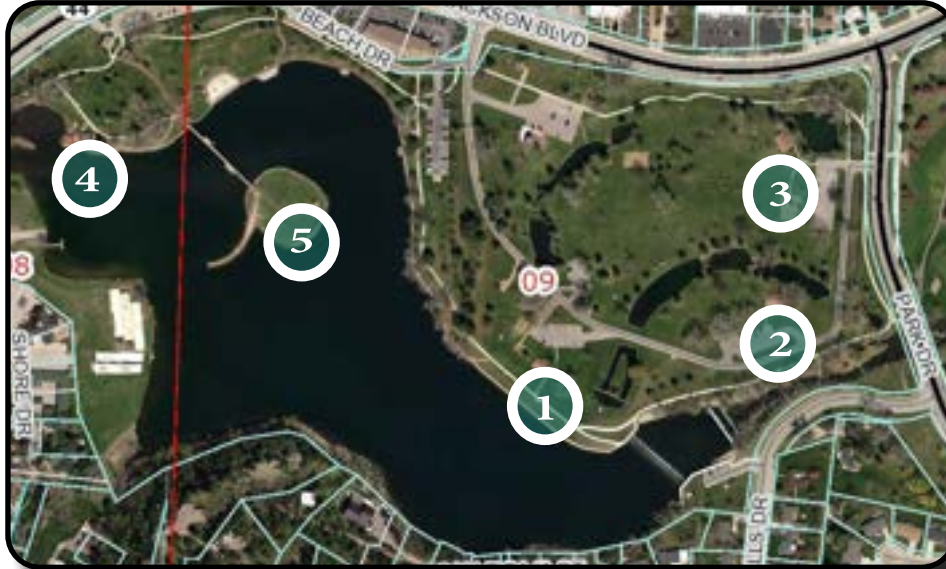
10:00 a.m. - 3:00 p.m.	\$75.00
4:30 p.m. - 10:00 p.m.	\$75.00
10:00 a.m. - 10:00 p.m.	\$135.00

**FIRST COME
FIRST SERVE
October thru
April**

CANYON LAKE PARK SHELTERS #s 1 - 3

Reservation Amenities

- * Comfortably fits 40-50 People
- * Charcoal Grills
- * Picnic Tables
- * Volleyball Courts
- * Walking Path
- * Drinking water is not available at shelter
- * Bath Rooms
- * Electricity for shelter reservations only
- * 3 Playgrounds
- * Cornhole
- * Boat dock on west side of the park
- * Bring additional table & chairs



CANYON LAKE PARK CONT. SHELTERS: CHIMNEY & GAZEBO

Reservation Amenities

- * Comfortably fits 40-50 People
- * Charcoal Grills
- * Picnic Tables
- * Wedding Venue @ Gazebo
- * Boat dock on west side of the park
- * Bath Rooms near the parking lot
- * Electricity for shelter reservations only
- * Walking Path
- * Bring additional table & chairs
- * Drinking water is not available at shelters



**Canyon Lake Chimney
Shelter #4
4515 Jackson Blvd.**



**Canyon Lake Gazebo #5
4211 Beach Drive
*Small Wedding Venue***

OLD STORYBOOK ISLAND PARK SHELTER

Reservation Amenities

- * Comfortably fits 40-50 People
- * Charcoal Grills
- * Picnic Tables
- * Drinking water is not available at shelter
- * Bath Rooms
- * Electricity
- * Walking Path
- * Bring additional table & chairs



Old Storybook Island Shelter
2911 Canyon Lake Drive

ROBBINSDALE PARK SHELTER

Reservation Amenities

- * Comfortably fits 40-50 People
- * Charcoal Grills
- * Picnic Tables
- * Walking Path
- * Drinking water is not available at shelter
- * Bath Rooms
- * Electricity
- * 2 Playgrounds
- * Cornhole
- * Bring additional table & chairs



**Robbinsdale Park
Upper Shelter
641 E. Oakland Street**



ADDITIONAL PARK SHELTER & SHADE STRUCTURE LOCATIONS WITHOUT RESERVATIONS

PARK LOCATIONS & ADDRESS

* Canyon Lake Park Shade Structure	Canyon Lake and Jackson Boulevard
* College Park Shelter	224 College Avenue
* Founders Park Shelter	1510 West Omaha Street
* Horace Mann Shelter	818 Anamosa Street
* Mary Hall Park Shade Structure	3220 W. South Street
* Robbinsdale Park Lower Shelter	631 E. Oakland Street
* Robbinsdale Park Shade Structure	641 E. Oakland Street
* Roosevelt Park Shade Structure	300 East Omaha Street
* Sioux Park Shade Structure	1000 Sheridan Lake Road
* Vicki Power Park Shelter	940 Kathryn Avenue

**FIRST COME
FIRST SERVE
SHELTER & SHADE
STRUCTURES**

Park Regulations

1. No alcoholic beverages
2. Park hours: 5:00 AM - 10:00 PM
3. Animals are to be leashed, except at posted "off-leash areas" in the following parks:
 - Braeburn Dog Park
 - Knollwood Drainage Area
 - Memorial Park East
 - Robbinsdale Park
 - Vickie Powers Park
 - Wilderness Park
4. Electrical outlets are for food preparation only
5. No parking on the grass

CANYON LAKE PARK SHADE STRUCTURE & COLLEGE PARK



**Canyon Lake Drive &
Jackson Blvd.**



**College Park
224 College Avenue**



FOUNDERS PARK & HORACE MANN SHELTER

**Founders Park
1510 West Omaha Street**



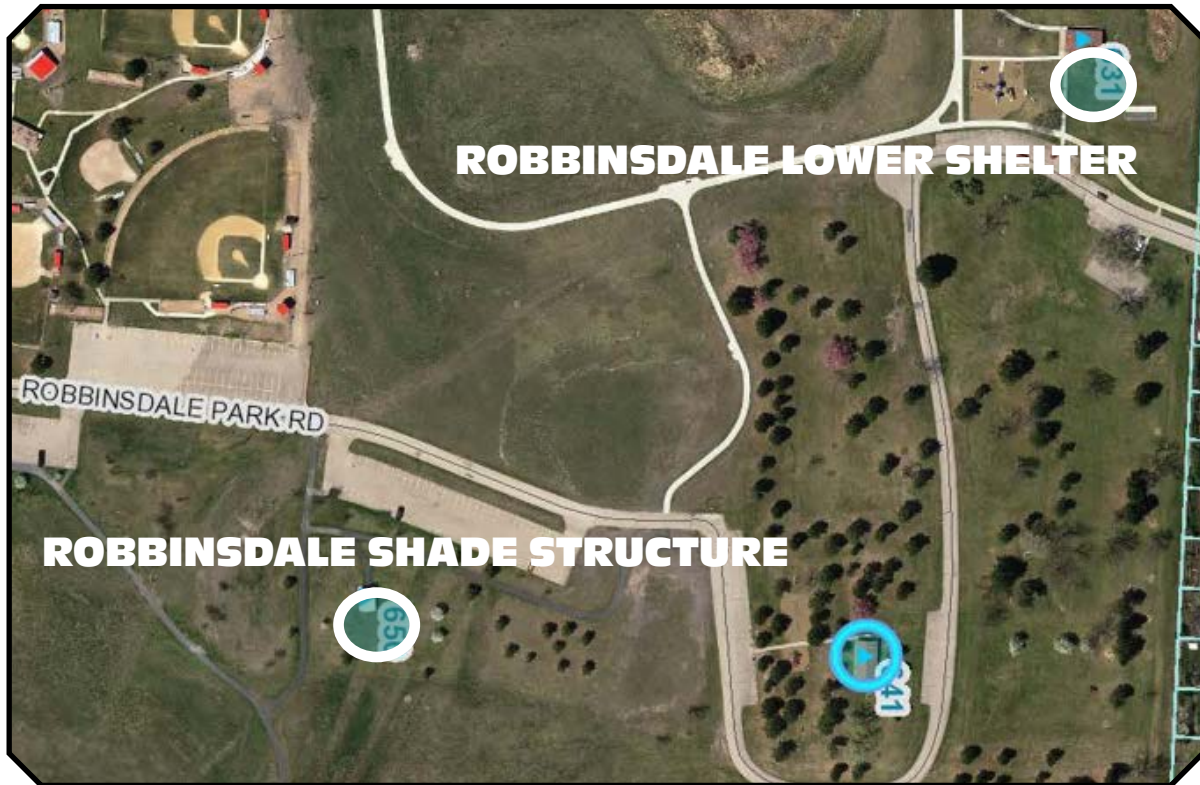
**Founders Park
Volleyball Courts**



**Horace Mann Shelter
818 Anamosa**



ROBBINSDALE LOWER SHELTER & SHADE STRUCTURE



VICKIE POWER SHADE STRUCTURE & MEMORIAL PARK BANDSHELL



Reservations available with a special event application

Rapid City Parks

Braeburn Park	3350 Idlehurst Lane
Bike Skills Park	Omaha & Mountain View Road
Canyon Lake Park	4181 Jackson Boulevard
Centennial Parkway	800 East Centennial
Chuck Lien Family Park	North of Founders Park
Cliffside Park	5650 Jackson Boulevard
College Park	224 College Street
Dinosaur Park	940 Skyline Drive
Founders Park	1510 West Omaha Street
Halley Park	515 West Boulevard
Horace Mann Park	818 Anamosa
Jackson Park	3040 Jackson Boulevard
LaCroix Park	3820 Odde Drive
Legion Park	900 Van Buren
Market Park	245 E. Omaha Street
Mary Hall Park	3220 W. South Street
Memorial Park	8th & Omaha Street
Parkview Recreation Complex	4221 Parkview Drive
Quarry Park	City Springs Road
Red Rock Meadows Park	6606 Sahalee Drive
Robbinsdale Park	631 East Oakland
Roosevelt Park	300 East Omaha Street
Scott Mallow Park	1100 Custer Street
Sioux Park	1000 Sheridan Lake Road
Skyline Wilderness Area	Skyline Drive
Steele Avenue Park	260 East Main Street
Thomson Park	880 East Meadowlark Drive
Vickie Powers Park	940 Kathryn Avenue
Wilderness Park	514 City Springs Road
Willow Park	155 Monroe Street
Wilson Park	1701 Mt. Rushmore Road